PATIENT MEDICAL RECORD

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Patient Name: Sarah Johnson

DOB: 1978-11-22

Medicaid ID: MD456789012

Address: 456 Oak Avenue, Annapolis, MD 21401

**CHIEF COMPLAINT:** Follow-up for Type 2 Diabetes Mellitus

**HISTORY OF PRESENT ILLNESS:**

Patient is a 46-year-old female with a history of Type 2 Diabetes Mellitus,

well-controlled on Metformin 1000mg twice daily. She reports good adherence

to medication and diet modifications. Blood glucose logs show readings

between 110-140 mg/dL fasting.

**PHYSICAL EXAMINATION:**

Vitals: BP 128/78, HR 72, Temp 98.6°F, Wt 165 lbs

General: Alert, oriented, no acute distress

HEENT: Normal

Cardiovascular: Regular rate and rhythm

Respiratory: Clear bilaterally

Extremities: No pedal edema

**ASSESSMENT AND PLAN:**

1. Type 2 Diabetes Mellitus - stable, continue current regimen

2. Schedule HbA1c in 3 months

3. Continue metformin 1000mg BID

4. Patient education on foot care provided

5. Return visit in 3 months

Provider: Dr. Jane Smith, MD

Date: 2025-08-20